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– SHARICE SIMPSON

GIRL, JUST GO !

BY: SHARICE SIMPSON

Courage isn't the absence of fear but the acknowledgment that something holds greater significance - a sentiment echoed by Franklin D. Roosevelt.

When I embark on my journeys, I find myself grappling with a blend of emotions – a kind of ambivalence that's intrinsic to travel.

The initial rush of anticipation and excitement sets the stage, followed by a hint of anxiety about the unknown. Regrettably, it's this latter feeling that often stops people from taking the leap towards their desired destination.

Allow me to reassure you: It's absolutely okay to experience a whirlwind of emotions when stepping into new territories and pursuing those coveted bucket-list experiences. Fear may knock on your door, but never let it hold you captive. After all, the treasures that await on the other side can be life-altering in ways you've never imagined.

The objective is simple: Go! Whether it's a weekend getaway to the next town or a voyage to the enchanting isles of Italy, it boils down to your desires and destinations.

As women, we often don multiple hats – wives, companions, mothers, sisters, daughters – and amidst these roles, we sometimes forget ourselves. Travel is your permission to remember yourself and a passport to self-discovery.

Now, let's address the most common excuse I hear from many women: "I have no one to travel with." Allow me to debunk this myth. Solo travel is not just an option; it's a lifestyle vibe. Of course, solo travel demands responsibility. You need to put precautions in place to ensure your safety. As a staunch advocate of solo travel, I often find myself asking, "Am I okay with companions?" Sometimes yes, sometimes no.

Travel and venturing into the unknown bestow upon you an unfiltered awareness of yourself, others and the divine. It prompts introspection about how you want to contribute to the world.

In Aruba, I discovered an evolving version of myself and unearthed a serenity that continues to resonate.

Dubai revealed the intriguing blend of luxury and tradition, challenging stereotypes about women's roles in society.

Thailand became a canvas where I painted my dreams and made a promise to myself to be intentional about traveling the world. I savored the finest spring rolls, shared my space with tigers and experienced a floating market like nothing I've seen before.

Africa, encompassing Johannesburg, Cape Town and Zanzibar, offered me an abundance of unforgettable experiences. From volunteering in a village school to forming lasting bonds in Zanzibar, cooking with local women, and witnessing the Big Five on a real-life safari, Africa was a tapestry of memories.

These are just a handful of my travel adventures and experiences, that I hope to be inspiration for those reading. Travel is my sanctuary, and it can be yours too. It's what you shape it to be. Don't let the fears or regrets of others become your own.

So, in your pursuit of a life filled with courageous moments and fearless memories, what's truly most important to you?

Is a native New Yorker from the borough of Queens. By profession, she is a Licensed Master Social Worker, working in the field for over 15 years. Sharice is currently serving Brooklyn students within the NYC Department of Education.

Sharice is a creative individual that uses her abilities to engage, inspire and empower women and girls in her sphere of influence.

In 2014, she founded and is the visionary of On This Journey, Inc. The mission is for women to fulfill purpose, serve others, build community and travel the world together living life as God has designed.



Through panel discussions, conferences, community events, and spiritual faith encounters, Sharice makes tangible her organization's motto, "Women making moves together".

An avid traveler and independent travel advisor in her free time Sharice can be found globetrotting (and helping others do the same) or brunching around the world as these are two of her favorite things.

Visit onthisjourneyinc.com
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